

Mother & Baby Substance Exposure Initiative

January 2020

Caring better by expanding treatment and community capacity

OVERVIEW

Through the Mother & Baby Substance Exposure Initiative, Health Management Associates (HMA) is working with the California Maternal Quality Care Collaborative and the California Perinatal Quality Care Collaborative to deliver state-of-the-art treatment and recovery services and increase access to medication assisted treatment for pregnant and parenting mothers. This initiative has developed best practices and resources for all programs and community-based service providers. This standardized approach creates a shared understanding among providers about the best way to approach treatment and recovery for pregnant and/or parenting women with opioid use disorder or substance use disorder and their babies.

“Pregnancy is a window of opportunity to identify women with Opioid Use Disorder and **link to treatment**, as well as begin to develop a plan for optimizing her **baby’s care.**”



PROGRAM GOALS

- Identifying and treating at least 50% of moms in need in target communities
- Increase in dissemination of accurate information to the public
- Increase in moms’ long-term recovery
- Increased access to Addiction Specialty Care
- Decrease in length of hospital stay for babies
- Decrease in Neonatal Abstinence Syndrome severity
- Decrease in unnecessary Child Protective Service referrals
- Reduced stigma
- Elimination of delays between treatment requests and starting medication for moms

